



# PATROLLERS NEWS

A monthly newsletter brought to you by Kawartha Zone , Canadian Ski Patrol

VOLUME 14, ISSUE 5.

NOVEMBER 9, 2020.

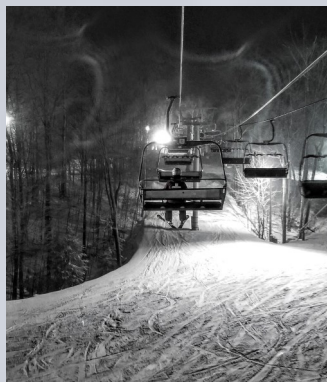
## Top stories in this Newsletter:



Keynote Speaker—Andrea Johnson



President's Message



Around the Zone



Shari's Safety Tips

Our Kawartha Zone Team is proud to Present our First- Interactive Zoom Seminar:

## Adapting To Change - Discovering Your Resiliency Superpower

People adjust to change, not by learning to *like* what is happening but by forming new expectations which then lead to success under these new conditions. But change requires our mental, emotional, and physical energy and we all have different approaches.

This workshop helps individuals harness their own unique strengths in order to tackle the continuous change we are currently being faced with. It's not about being comfortable; it's about getting comfortable with being uncomfortable. This workshop will teach you how to lean in to that discomfort, using your own resiliency superpower.

*This will be a FREE, 90-min workshop via Zoom.*

*Date: Tuesday November 24, 2020*

*Time: 7:30 PM – 9:00 EST*

Just CLICK on the link above or below to register.

**The Centre for Applied Human Dynamics is Presenting - Moderator - Andrea Johnston**

If you have any questions, please contact: John Toomey (416) 704-7743 or E-mail him at: [john.toomey@skipatrol.ca](mailto:john.toomey@skipatrol.ca)





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## President's Message

Our upcoming Ski Season is just around the corner, with everything is falling into place with our new safety protocols; all we need is snow!

Our Area resorts, in cooperation the province of Ontario, local health authorities, Ontario Ski Resorts Association and the Canadian Ski Patrol, all have their Covid protocols and procedures in place for this ski season. Patrol Leaders will be communicating the relevant details to all patroller in the near future.

Registration is open until November 15<sup>th</sup>. If you are unsure about patrolling this season, feel free to contact your Patrol Leader to discuss how patrolling will be rolled out at each resort. The CSP has put an incredible amount work in ensuring that this season will be as safe and rewarding as possible for all participants.

**Our Zone AGM is scheduled for November 18<sup>th</sup> at 7:00pm,** as a virtual meeting. Topics include the 2019-20 budget results, the 2021 proposed budget and the President's Report.

Our VP of Education Rob Carson has done an incredible amount of work in putting a rookie course together for the on-snow-first candidates from last season. We have three excellent Instructors: Lesley McMillan, Karen Ruth Brown, and Steve Swartzentruber. We thank all of you for your unwavering dedication to education.

We are excited that all resorts will be open for business and are implementing protocols for maximum skiing enjoyment and safety. The role of the Ski Patrol will continue to be invaluable to the skiing public. We are facing the many challenges presented by Health regulations head-on and are fully confident that patrolling will continue to be as fulfilling, worthwhile and enjoyable for everyone.

Looking forward to seeing you all on the slopes, until then be safe and stay healthy.

## Hill Happenings

### Kawartha Nordic Patrol

Great news that the local health unit has approved the operational guidelines that were submitted. This season will look different, and there are still concerns with some operational aspects (such as buses to the property) that are being worked through. There will be an On Snow Day to familiarize and orientate patrollers to the protocols and equipment locations. We enjoyed hosting the Nordic Challenge last year and look forward to when we can host it again.

Mark Wickham  
Nordic Patrol Leader



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## Happenings From around the Zone!

Leaves have fallen, snow has been seen on the ground, and time has changed. Change of seasons can be exciting – new tasks to be completed, skis and boards to be waxed! With the winter season coming closer, patrols are getting ready, the zone executive have been meeting, and exciting things are happening. This is not going to look like years in the past, but patrols and hills are working on ways to reduce risk, keeping patrollers safe yet have a great season.

## Donations

This past week, Tim Legere and Daryl Schofield accepted a wonderful donation of face shields for Kawartha Zone from the Axiom Group. Chris Moschopedis (Lakeridge Patrol Leader), VP of Corporate Strategy with Axiom, and his general manager, Max Preston presented this important PPE for our patrollers. We will have a shield available for each patroller. These shields are made in Canada, are reusable/easy to clean, made from fully recyclable material, and are made from 100% FDA compliant material. These will be a very important part of our patrolling this year to keep both patrollers and the skiing public using our services safe and comfortable, knowing we are using the highest quality equipment. For more information on these face shields and the company, please visit their website at [axiomppe.com](http://axiomppe.com)



Thank you, Chris, and Axiom, for your generosity and thoughtfulness to Kawartha Zone's safety and security!

## Training

This year looks different in many ways, and that includes education. As returning patrollers know, recertification's are extended to the end of 2021 with the completion of e learning modules. Usually by now there has been recertification weekends, and weeks of "rookie" training, with practice happening in the hallways of the school. Unfortunately, this was not an option for this year. We do though, have a small class of returning On Snow First candidates from last year completing their first aid portion so they will be full patrollers when the season starts! A small team of instructors is working with the rookies, through strict Covid protocols to keep both students and instructors safe. Thank you to the students for committing to the CSP!

## AGM

This year, our [Annual General Meeting \(AGM\)](#) will be happening via Google Meets on November 18<sup>th</sup> at 1900. The AGM happens every year, and with our current situation, we can only host it through an online platform. We discuss the past season, and the upcoming season. If you have any questions, please send them to [lesley.mcmillan@skipatrol.ca](mailto:lesley.mcmillan@skipatrol.ca) before the meeting. There will be a chance to ask questions during the meeting as well. Email notifications will be going out next week sometime, so keep an eye open for it if you are interested in attending!





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**E-Store - Kawartha Zone** We are pleased to announce that our [CSP Kawartha Zone E-Store](#) will be re-opening on Nov 15. We will be introducing some New items for this season. Stay Tuned for Updates on these New Exciting Items, There are also some changes on fabric offerings and minimum order changes. For more information:

Contact: John Toomey at [john.toomey@skipatrol.ca](mailto:john.toomey@skipatrol.ca) or call Cell: (416) 704-7743  
Special Projects - Director

## 2020 Zone Registration is soon to be CLOSED.

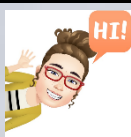
**Registration** has been open since the beginning of October. As of to date, there are 62 patrollers registered for the upcoming 2020 season. Preparation of this COVID-19 new season in going to be very demanding on the executive, our patrol leaders and ultimately on our areas. There is an uncertainty in the air but planning is needed and essential. If you are still uncertain about returning or not, please reach out to your patrol leader or executive and let them know if you are or are not com-

## Hill Happenings

### Brimacombe Patrol

With the season quickly approaching, the leadership team of the Patrol Leader, the APLs and Shift Leaders have been working together to create the safest and most up to date ways to schedule patrollers, and adhering to guidelines, and creating protocols. This season will be different than past years, but we are going to make it safe for all, and enjoyable to be on the snow again.

## SAFETY WITH SHARI



## GET IN GEAR

Since we have already had a snippet of winter to start getting us in the mood – take that as your cue to take stock of all your winter gear. Make sure it still fits and is in good condition so that you will be prepared to hit the slopes with no worries of what may need to be replaced and/or repaired.

And yes, this also includes the rest of the family that may make all those moaning and groaning noises along with you – but hey, make it a fun thing: it can be a scavenger hunt for all the items, it can be a race to see who gets geared up first and it can end with an après ski hot cocoa party after.

To get you started, here is a great article:

<https://www.theactivetimes.com/how-maintain-your-skis-or-snowboard>

## KAWARTHA ZONE'S CALENDAR OF EVENTS